

Lump/mass:

- (over age 30): mammogram with skin marker, and targeted ultrasound.
- (below age 30): start with targeted ultrasound.

Pain: start with bilateral mammogram, unless last mammogram was <6 months ago. If prior mammogram was less than 6 months ago, start with ultrasound.

Focal pain or focal palpable concern:

- Standard CC and MLO
 - o If last mammogram was less than 6 months ago, start with ultrasound
 - Spot compression CC and MLO in the area of concern
 - Follow with targeted sono
- *Start with sono if patient is < 30 yrs old

Nipple discharge:

- Standard CC and MLO
- Spot compression CC and MLO of nipple area

Males: start with bilateral mammogram. Add ultrasound if “lump” or focal mammogram finding.

Males:

- Standard tomosynthesis CC and MLO
- Spot compression CC and MLO in the area of concern
- Follow with targeted sono

Clinical finding in lactating patient:

- Over 30: mammogram (after nursing or pumping) and US
- Under 30: targeted US

Lactating patient:

- Standard CC and MLO (after nursing/pumping)
 - o If last mammogram was less than 6 months ago, start with ultrasound
 - Spot compression CC and MLO in the area of concern
 - Follow with targeted sono
- *Start with sono if patient is < 30 yrs old

Clinical finding in pregnant patient:

- Start with ultrasound. May also get mammography depending on age, physical exam, or ultrasound finding.

Protocol Updated: 05/2026